

Handwriting & Fine Motor Group

Why is handwriting important?

Although modern technology is changing the way we communicate through writing, handwriting remains important in education, employment and in everyday life.

Many children have difficulty producing clear, legible and correctly formed writing because they find it hard to integrate a series of complex fine motor movements and linguistic, cognitive and perceptual components.

Occupational therapy is recommended for improving and developing both the strength and coordination of the muscles in the hands in order to improve the aspects that underline handwriting.

These groups are targeted towards children aged 5-9 with fine motor coordination problems or a diagnosis of DCD/Dyspraxia.



What are the benefits?

- Increased self esteem/motivation
- Chance to be with children with similar abilities
- Increased strength in fingers, hands and wrists
- Improved visual perceptual skills
- Improved coordination
- Improved shoulder girdle and core stability
- Improved handwriting
- Comes with a report and recommendations

FAQS

How much is the group?

The cost of the course is £240 for 6 sessions. Payment required in advance.

Where and when?

Every Saturday in 2014 from February,
11.30-1.30pm at 3-5 St John Street, Manchester.

How do I book?

To reserve a place, or for more information, please call **0330 223 0888** or email **office@otforkids.co.uk**